

12th Annual Thomas and Alice Morgans Fear Memorial Conference

Gender Equity and Shared Care: Bridging the Know-How Gap

Monday, May 27th, 2024 | Halifax Convention Centre



Agenda

At the conclusion of the conference participants will be able to:

1. Incorporate appropriate gender-related language in health care to support patient centered-care.
2. Recognize the role health care provider gender has on outcomes for the patient and the system.
3. Integrate appropriate surgical, psychological, and medical therapy for the Trans and Gender-Diverse community into their practice.

8:15 – 8:30

Welcome, Opening Prayer, and Land Blessing

Elder Ann LaBillois, Elder in Residence, Dalhousie University

8:30 – 8:45

Welcome

Krista Jangaard, MD, FRCPC, MHA
President and CEO, IWK Health

David Anderson, MD FACP, FRCPC
Dean, Faculty of Medicine

Stephen G Miller, MD, CCFP(EM), FCFP, MEd, DRCPSC (Clin Ed) (he/him)
Associate Dean Continuing Professional Development and Medical Education
Associate Professor Dalhousie Emergency Medicine

THEME 1

The Foundations of Gender Based Care

Moderator: Liane Khoury, BSc Health Promotion, Dalhousie University; Health Promoter, NSHA Mental Health and Addictions; Volunteer, Halifax Sexual Health Centre

8:45 – 9:30 **Language of Gender in Medicine**
Mariah Darling, ChromaNB

At the end of this session participants will be able to:

- Explain essential vocabulary and terminology important for inclusive practices.
- Describe how pronouns and inclusive language contribute to safety and inclusion.
- Describe the holistic concept of “Affirming Care”.

9:30 – 10:00 **What’s in a Name: Being explicit about inclusivity in “Women’s Health”**
CJ Blennerhassett, RM, MHA, CHE, Registered Midwife, IWK Health

At the end of this session participants will be able to:

- Describe challenges and benefits in naming reproductive and sexual health services.
- Explain how IWK Health is working towards inclusive healthcare for Trans and Non-binary patients and families.
- Extrapolate the relationship between health service design and health service provision.

10:00 – 10:30 **The Gender Pain Gap – Myth or Painful Truth?**
Fariba Mohtashami, MD, Head, Division of Obstetrics and General Gynecology, Department of Obstetrics and Gynecology, University of British Columbia

At the end of this session participants will be able to:

- Apply the lessons of history to women’s health.
- Recall and review the impact of gender bias in medicine.
- Discuss pain control for gynecological procedures.

10:30 – 10:45 **Theme 1 Discussion**

10:45 – 11:00 Break

THEME 2

Gender Disparities in Care

Moderator: **Melissa Brooks, MD, FRCSC**, Department of Obstetrics and Gynaecology, IWK Health; Assistant Professor, Dalhousie University; Co-Medical Director, Reproductive Options and Services Clinic

11:00 – 11:30

Surgical Sexism in Canada

Michael Chaikof, MD, Department of Obstetrics and Gynecology, Division of Urogynecology, University of Toronto

At the end of this session participants will be able to:

- Summarize the history of the Gender Pay Gap within the Canadian healthcare system.
- Distinguish how the Pay Gap affects surgeries performed on female vs. male patients.
- Utilize billing data to support advocacy for gender equity in Canadian healthcare.

11:30 – 12:00

Patient outcomes by Physician Gender: Why Does it Matter and Why Should We Care?

Christopher Wallis, MD, Department of Urology, University of Toronto

At the end of this session participants will be able to:

- Review epidemiologic data regarding physician sex and patient outcomes
- Consider patient-, profession-, and societal-level implications of these data

12:00 – 12:30

Disparity in Black Women's Reproductive Health

Marjorie Dixon, MD, Department of Obstetrics and Gynecology, University of Toronto

At the end of this session participants will be able to:

- Identify the disparities that exist in maternal and infant care for black women and how they are historically rooted in the health care system.
- Reveal the individual, interpersonal, organizational, and societal levels where these gender disparities occur.
- Provide an approach to ensure that disparities are mitigated in the health system.
- Demonstrate how we can successfully impact outcomes by looking to other jurisdictions where change has had a positive effect.

12:30 – 12:45

Theme 2 Discussion

12:45 – 1:30

Lunch

THEME 3

Essentials of Gender Affirming Care

Moderator:

Riley Nielson-Baker, MPA
Executive Director, Gender Affirming Care Nova Scotia

1:30 – 2:15

The 5 Aspects of Care for trans and gender-diverse persons: outcomes evidence every provider must know

Sue Zinck, MD, FRCPC
Associate Professor, Department of Psychiatry
Assistant Dean, Student Affairs (DMNS), Faculty of Medicine
Dalhousie University
Child & Adolescent Psychiatrist, Gender Care Team, IWK Health Centre

At the end of this session participants will be able to:

- Define the prevalence of 2SLGBTQIA+ identities in Canada and unique health needs.
- Review evidence for the 5 aspects of care of gender-diverse persons.
- Indicate the roles clinicians have in improving health of 2SLGBTQIA+ patients.

2:15 – 2:40

Empowering Identities: Navigating Gender Affirming Surgery in Nova Scotia

Heather Cockwell, MD, FRCSC, Assistant Professor; Division Head, Reproductive Endocrinology and Infertility, Department of Obstetrics and Gynaecology, Dalhousie University | IWK Health

At the end of this session participants will be able to:

- Provide an overview of the various surgical options for gender affirmation that are available in Nova Scotia and elsewhere in Canada.
- List the steps that a transgender or gender diverse individual must work through in order to access gender affirming surgery in Nova Scotia or elsewhere in Canada.
- Discuss the barriers that transgender or gender diverse individuals face in accessing gender affirming care in Nova Scotia or elsewhere in Canada, and advocate for policies and practices that promote equitable access to care for all individuals.

2:40 – 3:00

Gender Affirming Care: An Advocate and Educator's Voice

Veronica Merryfield, Equity Diversity and Inclusion Trainer, Educator and Consultant. Cape Breton Transgender Network

After the end of this session, participants should be able to:

- Recognize the barriers that transgender or gender diverse individuals face in accessing gender affirming care in Nova Scotia or elsewhere in Canada
- Catalogue and describe how the barriers outside of the health care system impinge on gender affirming care
- Effectively advocate for policies and practices that promote equitable access to care for all individuals.

3:00 – 3:25

Bridging Gaps in Care: Gender Affirming Medical Care in Diverse Patient Populations

Athanasius Sylliboy, Wije'winen Health Centre, Kijipuktuk and Pikangikum ON, through Indigenous Services Canada

Sarah Fraser, MD, CCFP Co-Director, Dalhousie Medical Humanities Program, CPDME; Founder, Coastal Gender Affirming Care Physician, Halifax Sexual Health Centre

At the end of this session participants will be able to:

- Identify systemic barriers and healthcare needs unique to Two-Spirit and gender-diverse Indigenous individuals, fostering an initial understanding necessary for culturally sensitive care.
- Reflect on how Indigenous knowledge and perspectives can be integrated into gender-affirming care practices, encouraging a shift towards more inclusive and respectful healthcare services.
- Begin to implement evidence-based strategies in gender-affirming care that prioritize cultural sensitivity, shared care, and gender equity, marking the start of improved care for gender-diverse populations.

3:25 – 3:35

Theme 3 Discussion

3:35 – 3:50

Break

Panel Moderator:

Hailey Thomas, HBA
Diversity, Equity and Inclusion Consultant, Atlantic Provincial Special Education Authority (APSEA)

3:50 – 4:50

Black and Indigenous Health and Gender Equity Panel

Athanasius Sylliboy, NP, Wije'winen Health Centre, Kijipuktuk and Pikangikum ON, through Indigenous Services Canada

Chris Cochrane, Trans Public Speaker/ Educator

Vincent Mousseau, MSc RSW

At the end of this session participants will be able to:

- Describe Black and Indigenous Health from a gender equity perspective.
- Apply the concept of allyship through health equity.
- Define, recognize and respond to misogynoir and microaggressions in a health care setting.

4:50 – 5:00

Closing Remarks

James Bentley, MBChB, FRCSC, Professor; Division of Gynaecologic Oncology; Department Head, Obstetrics and Gynaecology, Dalhousie University

Planning Committee

James Bentley, MBChB, FRCSC Co-Chair

Professor; Division of Gynaecologic Oncology;
Department Head, Obstetrics and Gynaecology
Dalhousie University

Heather Cockwell MD, FRCSC

Assistant Professor; Division Head, Reproductive
Endocrinology and Infertility, Department of Obstetrics
and Gynaecology
Dalhousie University | IWK Health

Marianne Pierce, B.Sc., M.D., FRCS(C)

Head, Division of Pelvic Medicine and Reconstructive
Surgery, IWK Health
Ambulatory Physician Co-Lead, IWK Health
Associate Professor, Dalhousie University
Dept. Obstetrics & Gynaecology

Kelly Maher

Chief Operating Officer
Department of Obstetrics and Gynaecology
Faculty of Medicine, Dalhousie University

**Stephen Miller MD, CCFP(EM), FCFP, MEd,
DRCPSC Co-Chair (Clin Ed) (he/him)**

Associate Dean Continuing Professional Development
and Medical Education
Associate Professor
Dalhousie Emergency Medicine

Sarah Fraser MD, CFPC

Co-Director, Medical Humanities Program, Continuing
Professional Development and Medical Education,
Dalhousie University; Founder, Coastal Gender Affirming
Care; Physician, Halifax Sexual Health Centre

Mary Ann Robinson

Managing Director
Continuing Professional Development and
Medical Education
Dalhousie University

Gillian Reid

Manager, CPD Programs
Continuing Professional Development and
Medical Education
Dalhousie University

Speakers and Moderators

Speakers have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

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Study Credits

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Dalhousie University Continuing Professional Development and Medical Education for up to **6.75** MAINPRO+ credits.

As an accredited provider, Dalhousie University Continuing Professional Development and Medical Education, designates this continuing professional development activity for up to **6.75** credit hours as an accredited group learning Section 1 activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found online at edhub.ama-assn.org

Please note: CME certificates will be sent to attendees via the email address provided during registration. They should arrive within a week of the conference end date. Be sure to check your spam/junk mail folders as they may arrive there.

Post Conference Resources

Subject to speaker permission, most presentations will be available in PDF format on the Dalhousie CPD website for a period of six months following the conference for attendee access. This link was emailed to attendees with conference details from cpd@dal.ca

Online Evaluation

The conference evaluation will be conducted online at : surveys.dal.ca/opinio/s?s=76427

How to complete the evaluation

Step 1: Visit the site above or scan the QR code from the document on the table on your mobile device.

Step 2: Keep the survey open as you complete the evaluations for each session you attend.

Click **NEXT** on the bottom of the screen to go to the next session.

Step 3: At the end of each day or when you need a break, click **SAVE** at the bottom of the screen to save your work. **ENTER YOUR EMAIL** to get a return ticket.

Step 4: The next day or when you are ready to begin again, **CHECK YOUR EMAIL** for the return ticket.

The email will be from Continuing Professional Development (cpd@dal.ca). **CLICK ON THE LINK** to return where you left.

Step 5: The last evaluation is for the overall conference. When you are completely done, click **FINISH** at the bottom of the screen.

Save the Date

Academic Detailing 9th Annual Conference

Liscombe Lodge, Liscomb, NS
October 26th – 27th, 2024

98th Annual Dalhousie Fall Refresher

Hybrid event at the Halifax Convention Centre
November 28th – 30th, 2024